

Beat: Lifestyle

## **NATHALIE CHIU, KONSTANTINOS THYMIATIS ARE 1ST PRIZE WINNERS STUDENT OF THE YEAR**

### **EFFoST STUDENT OF THE YEAR AWARD**

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**USPA NEWS** - Natalie Chiu, Konstantinos Thymiatis are 1st prize winners of the Cargill-sponsored EFFoST Student of the Year Award . Konstantinos Thymiatis who is studying agronomy and food science at the Aristotle University of Thessaloniki in Greece,...

Natalie Chiu, Konstantinos Thymiatis are 1st prize winners of the Cargill-sponsored EFFoST Student of the Year Award . Konstantinos Thymiatis who is studying agronomy and food science at the Aristotle University of Thessaloniki in Greece, is one of two first prize winners of the Cargill-sponsored 'EFFoST Student of the Year' awards, presented in Athens, Greece, at EFFoST's annual conference on November 12.

The European Federation of Food Science and Technology award recognizes excellence in food science and technology research. It was open to European students currently studying for either a BSc/MSc or PhD in food science or technology, and was given by Didier Bonnet, Cargill director of global food research.

Konstantinos Thymiatis won in the BSc/MSc category. Natalie Chiu, who studies food science at the University of Nottingham in the UK, won in the PhD category.

According to Nathalie Chiu, her research project explored a novel method of lowering levels of sodium through entrapping and subsequent release during consumption via breakdown of the starch emulsifier. 'This research may offer the food industry new avenues to formulate food products that are healthier for consumers,' she said, adding that her dream is to create a food start-up to redesign and reinvent foods for a healthier future.

Konstantinos Thymiatis's research project entailed developing a process to valorize grape pomace, the main solid waste of the wine-making industry. 'The aim of the process was to create an extract of phenolic compounds to transform this waste into a valuable by-product,' he said. 'Phenolic compounds can have significant applications in the food, pharmaceutical and cosmetic industries.'

Also recognized as award finalists were Dilara Konuk from the Izmir Institute of Technology in Turkey; Valerie Pietsch from the Karlsruhe Institute of Technology in Germany; Valerie Vancauwenbergh from the Katholieke Universiteit Leuven in Belgium; and Yifat Cohen from the Technion-Israel Institute of Technology in Israel.

Cargill's sponsorship of the award included cash prizes for the first, second and third placed students, as well as an all-expense paid one-day visit to Cargill's Research and Development Centre in Vilvoorde, Belgium, for all finalists.

Source : Cargill

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